



**Mary R. Vernon, MS, LPC**      **Bill Bush, MA, LMFT**  
1221 W. Campbell Rd., Suite 109    Richardson, TX 75080      972-918-9100  
[mary@neurotherapydfw.com](mailto:mary@neurotherapydfw.com)      [bill@neurotherapydfw.com](mailto:bill@neurotherapydfw.com)  
Fax: 972-767-4379

**Kathy Stevenson, MS, LPC**  
1111 South Main Street, Suite 111    Grapevine, TX 76051      817-268-0015  
[kathy@neurotherapydfw.com](mailto:kathy@neurotherapydfw.com)  
Fax: 817-421-2443

## TEACHER FORM

### Hill Checklist for Attention Deficit and Related Disorders

Child/Adolescent Version

Developed by Robert W. Hill, Ph.D. to be used in conjunction with Neurotherapy

Name of Student: \_\_\_\_\_

Age of Student: \_\_\_\_\_

Form Completed by: \_\_\_\_\_

Date: \_\_\_\_\_

### Instructions for the Child's Teacher

1. Place a check by each category that applies under its related severity.
2. Be as honest as possible in your responses as these will assist us to better evaluate your student.

<b>I - Attention Deficit</b>	<b>Not Present 0</b>	<b>Very Mild 1</b>	<b>Mild 2</b>	<b>Moderate 3</b>	<b>Severe 4</b>	<b>Very Severe 5</b>
Does not seem to listen when spoken to						
Makes careless errors in schoolwork						
Avoids or dislikes tasks requiring sustained attention						
Short attention span						
Disorganized						
Loses things						
Trouble keeping up with personal property						
Easily distracted						
Forgetful in daily activity						
Difficulty completing tasks						
Gets bored easily						
Stares into space/daydreaming						
Low energy, sluggish or drowsy						
Apathetic or unmotivated						
Frequently switches from one activity to another						
Trouble concentrating						
Falls asleep doing work						
Failure to hand in work						
Trouble doing homework						
Trouble following directions						
Excited in the beginning but doesn't finish						
Difficulty learning						
<b>II - Hyperactivity</b>						
Fidgets with hands and feet						
Squirms in seat						
Frequently leaves seat inappropriately						
Runs, climbs or moves excessively						
Difficulty working or playing quietly						
On the go						
Driven						
Talks excessively						
Can't sustain eye contact						
Needs a lot of supervision						
Pays attention to everything						
Frequently "rocks"						
Excitability						
Lacks patience						
In trouble frequently						
Restless						
<b>III - Impulsivity</b>						
Cannot see consequences of behavior						
Blurts out answers or comments						
Difficulty waiting turn						
Frequently interrupts						
Butts into others conversation						
Engages in physically dangerous activity						
Acts before thinking						
Frequently takes risks						
Takes all dares						
Frustrated easily						

<b>IV - Immaturity</b>	<b>Not Present 0</b>	<b>Very Mild 1</b>	<b>Mild 2</b>	<b>Moderate 3</b>	<b>Severe 4</b>	<b>Very Severe 5</b>
Delayed physical development						
Prefers to play with younger children						
Plays with toys below age level						
Behavior resembles younger children						
Immature responses to situations						
Talks "baby talk"						
Whining and clinging like younger person						
Inappropriately messy						
Difficulty understanding age appropriate directions						
<b>V – Oppositional Behavioral</b>						
Oppositional and disrespectful toward authority						
Often loses temper						
Argumentative						
Often defies rules						
Frequently refuses adult request						
Deliberately does things that annoy others						
Blames others for his mistakes or behavior						
Touchy or easily annoyed by others						
Angry and resentful						
Spiteful or vindictive						
Swears or uses obscene language						
Shows excessive stubbornness						
Lies frequently						
Must have his own way						
Plays tricks on or teases others						
Doesn't keep promises						
Resists being disciplined						
Cannot take teasing						
Refuses to take suggestions						
Has an "I don't care" attitude						
Runs away from home						
Often truant from school						
Stays out all night against parent rules						
<b>VI – Anxiety</b>						
Panic attack type symptoms						
Frequently nervous						
Often upset						
Is fearful of many things						
Fearful of being alone						
Fearful of a specific object						
Jumpy, hypervigilance						
Timid						
Worries Excessively						
Persistent thoughts						
Repetitive behaviors (hand washing, counting)						
Exaggerated startled response						
Shaking, trembling						
Tearful						
Fear of death or dying						
Tense muscles						
Always on edge						

<b>VII – Aggressive/Sadistic Behavior</b>	<b>Not Present 0</b>	<b>Very Mild 1</b>	<b>Mild 2</b>	<b>Moderate 3</b>	<b>Severe 4</b>	<b>Very Severe 5</b>
Bullies, threatens or intimidates others						
Often initiates fights						
Has used a weapon that could harm others						
Has been physically cruel to others						
Has been physically cruel to animals						
Has stolen while confronting victim						
Has forced someone into sexual activity						
Deliberate fire setting						
Broken into the property of others						
Lies to obtain goods or favors						
Stolen without confronting victim						
Does not respect anyone						
Bosses others around						
Makes derogatory remarks about others						
Seems to enjoy being in trouble “ <i>a hero</i> ”						
Delights in failure of others						
Pushes or shoves others						
Cheats at games						
Preoccupied with death, guns, killing						
<b>VIII – Depression</b>						
Seems sad, does not smile very much						
Seems unusually quiet						
Poor sense of humor						
Grouchy, irritable						
Sullen						
Looks flat						
Withdrawal from family/activities						
Tearful						
Frequently seems lonely						
Moodiness, unpredictable mood swings						
A loner, with drawn						
Depressed						
No interest						
Problems with sleep						
Thinks about death or dying						
Suicidal						
<b>IX – Low Self Esteem</b>						
Doesn't trust themselves						
Frequently put themselves down						
Refuses to try new things						
Poor performance even when they have the ability						
Always takes a back-seat position						
Timid and reserved						
Often shy around others						
Trouble answering questions in front of others						
Sees the worst in self						
Hangs around with less capable friends						
Easily embarrassed						
Seems satisfied with poor school performance						
Does not compete with others						
Gives up easily						
Shows not self confidence						

<b>X – Tic Disorders</b> <b>Motor Tics (sudden jerky type motions)</b>	<b>Not Present</b> <b>0</b>	<b>Very Mild</b> <b>1</b>	<b>Mild</b> <b>2</b>	<b>Moderate</b> <b>3</b>	<b>Severe</b> <b>4</b>	<b>Very Severe</b> <b>5</b>
Facial tic: eye blinking, eye rolls, squinting, grimacing, lip licking, biting tongue, grinding teeth						
Head and Neck: hair out of the eyes, neck jerking, tossing head around, shoulder shrugging						
Arms and hands: Flailing arms, extending arms, biting nails, finger signs, flexing fingers, picking skin, popping knuckles						
Diaphragm: unusual inhale, exhale, gasping for breath						
Legs: kicking, hopping, skipping, jumping, bending, stooping, stepping backward						
Feet: tapping, shaking, toe curling, tripping, turning feet						
Others: blowing, smelling, twirling hair, jerking, kissing, hitting self, chewing, scratching, shivering, pulling						
<b>Vocal Tics</b>						
Throat clearing, coughing						
Grunting, snorting, animal noises						
Yelling, screaming						
Sniffing, burping						
Barking, honking						
Motor or jet noise						
Spitting						
Squeaking, “huh”						
Humming						
Stuttering						
Deep breath, sucking in breath						
Repetitive cursing, “fu”, “sh”						
<b>XI – Developmental &amp; Learning Disorder(s)</b>						
Mental retardation						
Reading disorder						
Mathematics disorder						
Disorder of written expression						
Developmental coordination disorder						
Expressive language disorder						
Mixed receptive/expressive language disorder						
Phonological disorder (articulation)						
Stuttering						
Autistic disorder						
Retts disorder						
Childhood disintegrative disorder						
Aspergers disorder						
<b>XII – Sleep</b>						
Difficulty going to bed						
Difficulty going to sleep						
Wakes up frequently						
Early awakening						
Restless sleep						
Talking in sleep						
Walking in sleep						
Wakes up in terror						
Restless legs						
Bed wetting or soiling						
Nightmares						